## Lesson 1

#### **Introduction of the 10 Commandments**

During this time while we are still sheltering-in-place, we will be reviewing the 10 Commandments and how we can understand God's Love. Please read outloud to your child (or have your children read by themselves) the "Bible Lesson" portion and then complete the following activities.

Enjoy and God bless!

Bible Lesson

For the next few weeks, we will be learning about the 10 Commandments. Often times, people think of the 10 Commandments as just a bunch of rules – things we cannot do. But these commandments are so much more! The commandments actually show us how much God loves us. For example, if your parent tells you, "Don't play in the street." Did they say that because they hate you? Why would they say that? They tell you this rule because they love you and want to protect you. This is exactly how God feels when He gives us commandments to follow. The commandments are to help protect us as we go through life in this world and keep us out of trouble.

Let us learn about how we got the 10 Commandments. Thousands of years ago, God's people, the Israelites, were blessed and they increased in number. There were so many of them that the Egyptians were afraid that the Israelites would join their enemies to defeat them. So the Egyptian king, Pharaoh, devised a plan to make the Israelites into their slaves and to kill every Israelite boy who was under 2 years old by throwing them into the river.

The Egyptian slave masters were very cruel to the Israelites and mistreated them. The Israelites were so grieved that they cried out to God for help and to save them. God heard their cry. God chose a man named Moses to rescue and lead them out of Egypt.

Read the following script with your parent or sibling. By doing this, you will now help tell the story of what happened.

**Narrator:** Thousands and thousands of years ago, God's people, the Israelites, were slaves in Egypt. Their slave masters were cruel and worked them very hard.

**Response:** Beat those slaves.

**Narrator:** The Israelites cried out to God for help.

Response: Help!

Narrator: So God sent Moses to save them.

**Response:** *Moses! Thank God, you're here!* 

**Narrator**: God told Moses and his brother, Aaron, to go to Pharaoh to tell him to free the Israelites.

Response: Let my people go!

Narrator: But Pharaoh was a very stubborn king and refused to obey God.

Response: No way.

**Narrator:** But God would not be stopped. So He sent many terrible plagues on Egypt to punish Pharaoh for not freeing the Israelites. Their water was turned to blood and all the fish died. Can you imagine the stink? So God told Moses to tell Pharaoh again, to free the Jewish people.

Response: Let my people go!

**Narrator:** But Pharaoh would not obey God. So God sent more plagues of frogs and gnats and flies to cover the land.

Response: Oh my!

**Narrator:** But Pharaoh would not obey. So God sent more plagues of sores and locusts. Finally, He sent the worst of all plagues. God sent the Angel of Death to kill the firstborn male of every family, even their animals, if they did not obey Him. But the families who marked their doorframes with the blood of a lamb would be kept safe. The Angel of Death would pass over their homes.

Response: Thank you, God, for saving us.

Narrator: In this final plague, Pharaoh's son was killed, and in his grief, he told the Israelites to go.

**Response:** Go! Get out of here.

**Narrator:** So Moses led the Israelites out of Egypt. Three months later, they camped at the bottom of Mount Sinai. It was there that God spoke to Moses and told him to tell the House of Jacob, the Israelites, "to get ready," because He was going to do something very special for them. He was going to give them the Ten Commandments.

\*\*End\*\*

Open your Bible to Exodus 19:16-25 and read the passage.

Conclusion

As you remember, on the morning of the third day, there was thunder and lightning, with a thick cloud over the mountain and a very loud trumpet blast. Everyone in the camp trembled. Then Moses led the people out of the camp to meet with God, and they stood at the foot of the mountain. No one was allowed up the mountain. If they crossed the boundary, they would die.

Mount Sinai was covered with smoke, because the Lord descended on it in fire. The smoke billowed up from it like smoke from a furnace, the whole mountain trembled violently, and the sound of the trumpet grew louder and louder. Then Moses spoke, and the voice of God answered him.

"I am the LORD your God, who brought you out of Egypt, out of the land of slavery." And God spoke all these words.

- 1) Have no other gods.
- 2) Do not worship idols.
- 3) Do not take the Lord's name in vain.
- 4) Remember the Sabbath to keep it Holy
- 5) Honor thy father and mother
- 6) Do not kill
- 7) Do not commit adultery
- 8) Do not steal
- 9) Do not bear false witness (in other words, do not lie).
- 10) Do not covet (In other words, do not crave what others have)

When the people saw the thunder and lightning, heard the trumpet, and saw the mountains in smoke, the Israelites trembled with fear. They stayed at a distance and said to Moses, "Speak to us yourself, and we will listen. But do not have God speak to us, or we will die."

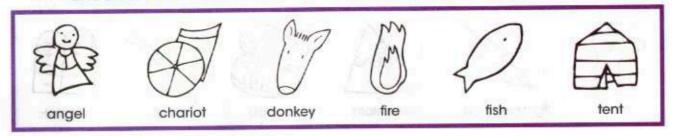
Moses said to the people, "Do not be afraid. God has come to test you, so that the fear of God will be with you to keep you from sinning."

When God rescued the Israelites from Egypt, He wanted them to be people who would represent his kingdom. He gave them the Ten Commandments so they would know how to love him and how to love others. The first four commands teach us how to love God, and the next six teach us how to love others.

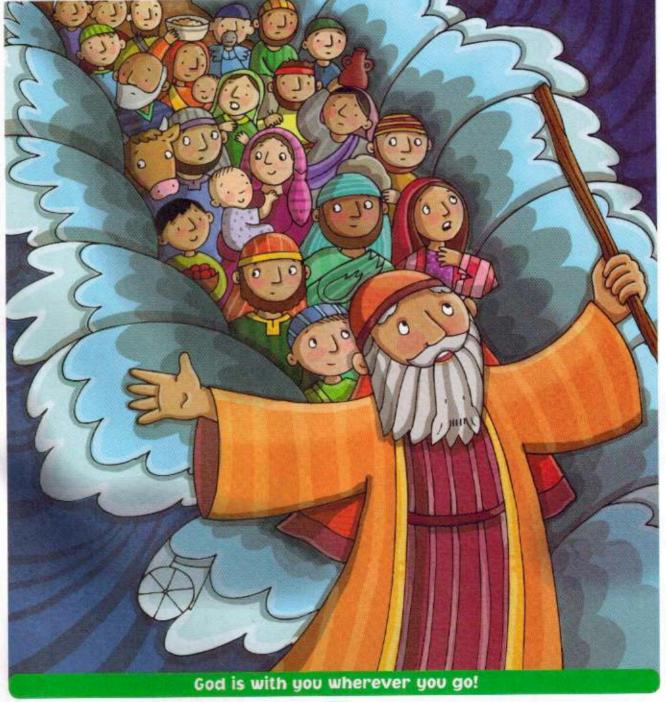
In summary, God gave us the 10 Commandments because He loves us. God wants us to live a successful and GOOD life. Is it a good life if everyone is killing each other? Is it a good life if everyone steals from each other? Is it a good life if everyone lies to each other? Of course not! God did not give us laws to make our life dull and boring, but to show us how to get the MOST out of life. We will be the happiest when we obey God's laws and live within God's boundaries.

# Crossing the Sea

Exodus 14:29-31 tells us how God led Moses across a sea.



Find and circle the hidden pictures.



## **The Ten Commandments**

And God spoke all these words: "I am the LORD your God, who brought you out of Egypt, out of the land of slavery. "You shall have no other gods before me." Exodus 20:1-3

Based on Exodus 20:1-17 (NIV)

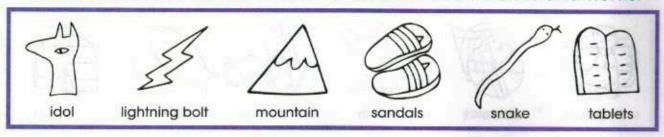


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SABBATH	NAME	MURDER	LIVE	HOUSE
WIFE	FALSE	REMEMBER	DAY	IDOL
COVET	WORSHIP	MOTHER	LONG	FATHER
LORD	NEIGHBOR	DONKEY	SEVENTH	STEAL
MISUSE	HONOR	ADULTERY	TESTIMONY	HOLY

### **Tablets of Stone**

Exodus 24:12 tells us how Moses received the Ten Commandments.



Find and circle the hidden pictures.

